

## CTE Standards Unpacking Restaurant Management/Culinary Arts I

Course: Restaurant Management/Culinary Arts I

**Course Description:** Students in Restaurant Management/Culinary Arts I learn entry level culinary skills needed for success in the foodservice industry or continuing education. Students train in industry-specific skills that can be used in all areas of the foodservice industry.

Career Cluster: Hospitality and Tourism

**Prerequisites:** N/A

-Professional habit such

**Program of Study Application:** Restaurant Management/Culinary Arts I is a pathway course in the Hospitality and Tourism career cluster; Restaurant and Food Service

Pathway.

INDICATOR #1RMCA 1: Students will analyze career paths and professional practices within the food production and foodservice industries.

**SUB-INDICATOR 1.1 (Webb Level: 1 Recall):** Identify employment opportunities and entrepreneurial endeavors

**SUB-INDICATOR 1.2 (Webb Level: 2 Skill/Concept):** Explain roles, duties and functions of individuals engaged in food production and service careers

**SUB-INDICATOR 1.3 (Webb Level: 3 Strategic Thinking):** Develop personal employment artifacts

**SUB-INDICATOR 1.4 (Webb Level: 2 Skill/Concept):** Develop professional habits required by the foodservice industry

#### **Knowledge (Factual): Understand (Conceptual):** Do (Application): -Food Production careers -The food industry includes -Develop a presentation may include but not a broad spectrum of career based on information limited to: chef, prep gathered via research of a options. cook, line cook, sous chef, career opportunity. bakers, pastry chefs -Roles, duties, and functions are unique to each career. -Create a resume -Foodservice careers may include but not be limited -Individuals in the food -Complete a job to: managers, servers, industry are held to a high application set of professional expeditor, standards. -Compile artifacts to start -Other employment a professional portfolio opportunities: food artist, -Building a professional food photographer, food portfolio is an important -Present a skit illustrating writer or critic, caterer tool for marketing oneself professional habits in a in the food service industry. food production/food service setting. -Basics of resume writing and portfolios



as: grooming,
punctuality, continued
professional
development, teamwork,
a self starter, etc.

#### **Benchmarks:**

Students will be assessed on their ability to:

- List a variety of career opportunities in the food production and food service industry.
- Create a professional portfolio that would be used in seeking employment in the food service industry.
- Analyze career paths and professional practices.
- Demonstrate professional habits in lab settings.

## **Academic Connections**

# ELA Literacy and/or Math Standard (if applicable, Science and/or Social Studies Standard):

## ELA

-LITERACY.RI.1 - Cite strong and thorough textual evidence to support analysis of what the text says explicitly as well as inferences drawn from the text.

## **Mathematics**

-HSS.IC.B.6 - Evaluate reports based on data.

## Sample Performance Task Aligned to the Academic Standard(s):

#### **ELA**

-Using SDMyLife, research and write a short career report citing details and evidence gathered.

## **Mathematics**

-Students will view data related to job growth within the foodservice industry and evaluate the need for workers in the chosen career.

## INDICATOR #1RMCA 2: Students will demonstrate food and workplace safety and sanitation procedures.

**SUB-INDICATOR 2.1 (Webb Level: 2 Skill/Concept):** Apply sanitation procedures to ensure compliance with health codes

**SUB-INDICATOR 2.2 (Webb Level: 2 Skill/Concept):** Categorize potentially hazardous foods and food preparation practices

**SUB-INDICATOR 2.3 (Webb Level: 2 Skill/Concept):** Practice proper food handling techniques

SUB-INDICATOR 2.4 (Webb Level: 2 Skill/Concept): Apply safety procedures to



## maintain a safe work environment

**SUB-INDICATOR 2.5 (Webb Level: 2 Skill/Concept):** Identify and correct workplace hazards

nazarus		
Knowledge (Factual): -Health codes, sanitation procedures, safety procedures, workplace hazards, proper food handling techniques -Time & Temperature Control for Safety (TCS) -First in First Out (FIFO) -Hazard Analysis Critical Control Points (HACCP) -Occupational Safety and Health Administration (OSHA) - laws & regulation -Food, Acidity, Time, Temperature, Oxygen,	Understand (Conceptual): -The food handler is responsible for the safety of food products.  -If health codes are not followed, people could get sick or injured.  -Practicing workplace safety prevents accidents.	Do (Application): -Compile a list of health codes that apply to food and workplace safety -Sort foods by proper storage methods -Test foods for proper preparation and holding temperatures -Identify critical control points outlined in a case study -Draw a picture illustrating a dangerous work environment -Label and date prepared foods.
-Food, Acidity, Time,		

## **Benchmarks:**

Students will be assessed on their ability to:

- Identify critical control points and adjust to meet food safety standards
- Complete requirements for food safety and sanitation certification
- Demonstrate knowledge of proper food handling and workplace safety procedures
- Practice proper food handling techniques and workplace safety procedures while in lab settings

Academic Connections	
ELA Literacy and/or Math Standard	Sample Performance Task Aligned to
(if applicable, Science and/or Social Studies Standard):	the Academic Standard(s):



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-LITERACY.W.9 Draw evidence from literary or informational texts to support analysis, reflection, and research.

#### ELA

-Read safety guidelines and examine a lab environment to identify pieces of a dangerous kitchen scenario. Reflect on the safety violations either as a class or in a small group setting.

INDICATOR #1RMCA 3: Students will demonstrate industry standards in selecting, using and maintaining food production and foodservice equipment.

**SUB-INDICATOR 3.1 (Webb Level: 1 Recall):** Identify types of equipment used in food production

**SUB-INDICATOR 3.2 (Webb Level: 2 Skill/Concept):** Maintain tools and equipment following safety procedures

**SUB-INDICATOR 3.3 (Webb Level: 2 Skill/Concept):** Demonstrate professional skills in safe handling of knives, tools, and equipment

Knowledge (Feetus): Understand (Concentral): De (Application):		
Knowledge (Factual):	Understand (Conceptual):	Do (Application):
-Function, use, and care	-Certain kitchen tasks	-Match equipment to
of tools and equipment	require certain tools	proper use
-Role of communication in workplace safety (e.g. Saying "hot pan", "knife", "behind")	<ul> <li>-All staff are responsible for maintenance and care of equipment.</li> <li>-Safe handling of knives, tools, &amp; equipment require training and practice.</li> </ul>	-Locate placement of equipment and identify use  -Remove tools and equipment deemed unsafe  -Return equipment to assigned location and store following safety procedures
		-Use proper communication in lab
		settings

## **Benchmarks:**

Students will be assessed on their ability to:

- Choose the proper equipment for a given task and use, maintain, and store it correctly.
- Utilize communication to keep the lab environment safe

## **Academic Connections**



# ELA Literacy and/or Math Standard (if applicable, Science and/or Social Studies Standard):

#### **ELA**

-LITERACY.RST..3 - Follow precisely a complex multistep procedure when carrying out experiments, taking measurements, or performing technical tasks, attending to special cases or exceptions defined in the text.

## Sample Performance Task Aligned to the Academic Standard(s):

## **ELA**

-Follow written procedures during a classroom lab to maintain a safe work environment and properly maintained equipment.

## INDICATOR #1RMCA 4: Students will demonstrate menu planning principles and techniques based on standardized recipes to meet customer needs.

**SUB-INDICATOR 4.1 (Webb Level: 2 Skill/Concept):** Apply menu planning principles to develop and modify menus

**SUB-INDICATOR 4.2 (Webb Level: 2 Skill/Concept):** Complete requisitions for food, equipment and supplies to meet production requirements

**SUB-INDICATOR 4.3 (Webb Level: 3 Strategic Thinking):** Apply principles of measurement, portion control, conversions, food cost analysis and control, menu terminology, and menu pricing to menu planning

Knowledge (Factual):	Understand (Conceptual):	Do (Application):
-Principles of menu	-The importance of costs,	-Differentiate between
planning	portion control, and	styles of menus
	availability of supplies when	
-Purchasing procedures	planning a menu.	-Practice planning
		different types of menus
-Measurement		
-Portion control		-Fill out a grocery order for a specific menu
-Conversions		-Cost out menu items
-Food cost analysis and		-Identify options for
control		controlling food costs for
		a specific menu
-Menu terminology		
-Menu pricing		
-Unit cost		
Benchmarks:		



Students will be assessed on their ability to:

• Plan a menu that accounts for food cost, portion control, necessary equipment, and available supplies.

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# ELA Literacy and/or Math Standard (if applicable, Science and/or Social Studies Standard):

## Sample Performance Task Aligned to the Academic Standard(s):

## **Mathematics**

- -HSA.REI.B.3 Solve linear equations and inequalities in one variable, including equations with coefficients represented by letters.
- -HSN.Q.A.3 Choose a level of accuracy appropriate to limitations on measurement when reporting quantities.

## Mathematics

- -Calculate the lowest possible menu price that will result in a profit. Determine a reasonable price based on the calculation.
- -Determine an appropriate unit of measurement for proper portion control. Find a range of acceptable error in under or over serving a portion of food.

INDICATOR #1RMCA 5: Students will demonstrate professional food preparation methods and techniques for menu categories to produce food products that meet customer needs.

**SUB-INDICATOR 5.1 (Webb Level: 2 Skill/Concept):** Apply *mise en place* (the concept of everything in its place) through practice

SUB-INDICATOR 5.2 (Webb Level: 2 Skill/Concept): Execute knife cuts

**SUB-INDICATOR 5.3 (Webb Level: 2 Skill/Concept):** Demonstrate professional skills for a variety of cooking methods using professional equipment and current technologies

**SUB-INDICATOR 5.4 (Webb Level: 2 Skill/Concept):** Apply fundamentals of time, temperature, and cooking methods to cooking, cooling, reheating, and holding of a variety of foods

**SUB-INDICATOR 5.5 (Webb Level: 2 Skill/Concept):** Prepare a variety of food products using professional techniques

Knowledge (Factual):	Understand (Conceptual):	Do (Application):
-Mise en place	-Mise en place ensures a	-Use mise en place in
	recipe is executed successfully.	food preparation
		-Practice knife cuts
-Knife cuts (to include,	-Correct and consistent	
but not limited to:	knife cuts result in a higher	- Show how to apply



batonnet, dice, julienne,	quality product.	assigned cooking
brunoise, mince)	The and much set is the	methods to a given
-Food handling	-The end product is the result of proper execution of	product
1 000	the chosen cooking method.	
-Food preparation		
methods		
-Safe food handling		
-Measuring techniques		

### **Benchmarks:**

Students will be assessed on their ability to:

- Organize food product and equipment using mise en place for a given menu item.
- Demonstrate correct knife cuts.
- Use food preparation knowledge and skills to prepare a menu item.

# Academic Connections ELA Literacy and/or Math Standard (if applicable, Science and/or Social Studies Standard): ELA -LITERACY.RST.3 - Translate Academic Connections Sample Performance Task Aligned to the Academic Standard(s): ELA -Read a description of a culinary

-LITERACY.RST.3 - Translate quantitative or technical information expressed in words in a text into visual form (e.g., a table or chart) and translate information expressed visually or mathematically (e.g., in an equation) into words.

policies, rules, regulations, and laws

-Read a description of a culinary technique and translate the description into a finished product.

INDICATOR #1RMCA 6: Students will describe foodservice management and leadership functions.

SUB-INDICATOR 6.1 (Webb Level: 2 Skill/Concept): Explore workplace procedures SUB-INDICATOR 6.2 (Webb Level: 2 Skill/Concept): Explore human resource

Knowledge (Factual): Understand (Conceptual): Do (Application):



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-Professional boundaries	- Employers and employees	-Role play proper
	should establish and	workplace procedures
-Administrative functions	maintain professional	
(scheduling,	boundaries.	-Create an informational
communications with		brochure about policies,
employees, training,	- Employees must abide by	rules, regulations, and
team building)	company rules and	laws that apply to food
	regulations.	service professionals.
-Employee handbook		_
	-Managers are responsible	
	for informing employees of	
	work related expectations	
Benchmarks:		
Students will be assessed or	their ability to:	

Students will be assessed on their ability to:

• Describe the roles of managers and employees in the food service industry

Academic Connections			
ELA Literacy and/or Math Standard (if applicable, Science and/or Social Studies Standard):	Sample Performance Task Aligned to the Academic Standard(s):		
ELA -LITERACY.SL.1 - Initiate and participate effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grades 9-10 topics, texts, and issues, building on others' ideas and expressing their own clearly and persuasively.	ELA -Discuss the importance of effective human resources management and role play a successful human resources interaction.		

INDICATOR #1RMCA 7: Students will demonstrate internal and external customer service.			
SUB-INDICATOR 7.1 (Web.	<b>b Level: 1 Recall):</b> Identify com	ponents of customer	
service	service		
SUB-INDICATOR 7.2 (Webb Level: 2 Skill/Concept): Differentiate types of service			
used in the foodservice industry			
SUB-INDICATOR 7.3 (Web.	<b>b Level: 1 Recall):</b> Identify qua	lity service as a strategic	
component of performance			
SUB-INDICATOR 7.4 (Webb Level: 2 Skill/Concept): Demonstrate respect for			
diversity and individuals with special needs			
Knowledge (Factual):	<b>Understand (Conceptual):</b>	Do (Application):	



-Meal service types may	-The type of service impacts	-Draw pictures of what
include but are not	the dining experience.	different service types
limited to: Russian,		look like
French, English,	-Every employee is	
American, family style	responsible for providing	- Create a poster
	good service.	outlining how customer
-Components of		service relates to quality
customer service include:	-Customer service skills are	service.
patience, attentiveness,	developed through practice	
communication skills,	and lead to quality service.	-Practice customer
knowledge of product,	, ,	service skills
positive language, etc.	-Hospitality and service are	
	critical to high quality	-Treat team members
	customer service.	with respect.
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## **Benchmarks:**

Students will be assessed on their ability to:

- Create a mock meal service that uses a specific style of service.
- Demonstrate how to adapt to customer needs

## Academic Connections

# ELA Literacy and/or Math Standard (if applicable, Science and/or Social Studies Standard):

#### **ELA**

-LITERACY.SL.1 - Initiate and participate effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grades 9-10 topics, texts, and issues, building on others' ideas and expressing their own clearly and persuasively.

## Sample Performance Task Aligned to the Academic Standard(s):

## **ELA**

-Students will participate in a group discussion of a time when they've had a positive interaction as a customer and a time when they've had a negative experience They will then write a short summary of the experiences discussed.

## **Additional Resources**

Please list any resources (e.g., websites, teaching guides, etc.) that would help teachers as they plan to teach these new standards.

- Foundations of Restaurant Management and Culinary Arts 2<sup>nd</sup> Edition
- SDMyLife
- ServSafe
- Safe food handling practices certification course (ServSafe, RServ)



- Local chefs/restaurants
- Human Resource speaker
- Food Related Programs (Food Network)